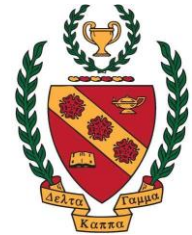


# Kappa Kappa News



Kappa Kappa, #250, Area 18 ,Alief, Katy, Fort Bend  
The Delta Kappa Gamma Society International, Texas State Organization  
Volume 35 Issue 6 March 2013



**Mission Statement:** The Delta Kappa Gamma Society International promotes professional and personal growth of women educators and excellence in education.  
**Vision Statement:** Leading women educators impacting education worldwide.  
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## Kappa Kappa's March Meeting

Saturday, March 23

Julie's house

16410 Pecan Dr., Sugar Land 77498

Phone: 281-253-3885

**9:30 a.m. Meeting**

Program: World Fellowship/ Schools for Africa

Hostesses: Tisha Jones, Teresa Toliver, Elizabeth Castro,  
Andrea Cain, Kathy Spiech



*Laneisha*

## President's Message

We had a great speaker at our February meeting. Melody Painter gave us some helpful tips for staying healthy at all life stages. Marita Foreman and Melody even brought healthy snacks. During our March meeting Teresa Toliver and her committee will present information on the DKG International project Schools for Africa. They are planning yummy food and fun activities, so you will not want to miss this meeting. We will also have a special guest, Area 18 Coordinator, Terrie Cardwell. See you on Saturday! Julie and Shirl

## Member Spotlight

Laneisha Renee Davis is one of our newer members. She and husband Jerrell have two children: Jerrell II, age 26, and Jerin, age 19. She especially enjoys spending time with family and their dachshund mix Tweety, a female, along with pretty much everything. She dislikes being around insincere people.

A life-changing moment occurred during major surgery in 1992 when doctors at M.D. Anderson Cancer Center removed a bone tumor.

Her favorite foods read like a restaurant menu, including seafood, Mexican, Chinese, Mediterranean, and Cajun! She enjoys making enchiladas and a favorite vacation took place in Cabo San Lucas.

She enjoys going shopping and reading. Favorites in movies and books include **Beaches, Color Purple, Forrest Gump, Princess and the Frog, The Lion King, Imitation of Life, Three Faces of Eve, Steel Magnolias** and anything written by Stephen King, Dean Koontz, Robin Cook or James Patterson. She most admires Maya Angelou.

Judging from her book choices, she is hardly a timid one, as evidenced by her desire to go skydiving some day and a former occupation. Would you believe that she once worked as a Correctional Officer at an all male maximum security prison for the Texas Department of Criminal Justice?!!

## Save the Date

Our April meeting is Saturday, April 27 at Brookwood Cafe. This will be our lovely initiation. If you have never been to Brookwood, you are in for a treat. Not only is the food wonderful, but after you eat, you get to enjoy a visit to their amazing green house with inexpensive plants and to their huge gift shop with crafts produced by the Brookwood residents as well as beautiful things from all over the world. The price is very reasonable. Our luncheon will be a soup/salad/sandwich combo for the incredible low price of \$11.95(plus tax and tip). This combo is very filling. I am usually too full, but Brookwood Café also has fabulous desserts. Our meeting will start at 11:00am. More information will follow!

## Meetings:

April 27: Initiation  
May 18: Reflections/Founder's Day



## Kappa Kappa Birthdays

March 7-Dianne Hilderbrandt

March 31-Marita Foreman

## Member News

**Elinor Nichols** :Elinor's ophthalmologist has successfully completed both cataract surgeries on her eyes and she is now officially a bionic woman, according to her doctor. He thinks she did so well that she will not need to wear glasses--guess time will tell!! He even called her the night of both surgeries and brought her a gift of a lovely pot plant at her check-up just to thank her for selecting him as her surgeon. She ended up with no stitches, no patches and no black eyes which many patients get!! She feels really blessed to have had such great surgical experiences.

She also attended Eta Delta Chapter's 50th birthday luncheon at the Junior League as a guest of longtime member Shirley Felcman, well known to KK members. Shirley is slowly recovering from the devastating fire which destroyed her home of 47 years along with most of its contents some six months ago and hopes to attend our initiation luncheon at Brookwood.

**Dianne Hilderbrandt**: Being Irish, (maiden name Duffy, my mom's O'toole) I'm getting ready to host my annual St. Patrick's Day Party. Corn beef will be had by all.

**Marita Foreman**: I donated a pint of blood.

**Julie Comardo**: Super excited about my new business venture as a new Mary Kay Consultant. Looking forward to educating and empowering women ;) Also, made a trip to visit with family in Canyon Lake over spring break! Always good to see family and eat TOO MUCH!

**Nita Bagley**: My uncle died and I traveled up to Gainesville in north TX to go to his memorial service. Left on 15th and returned 18th. First time I have gotten to be with my cousins on my dad's side of the family since 2005. We shared family stories, sang and played 42( dominoes) until 1:30 AM. It was a great trip and I know all our parents were looking down on us!

**Shirl Hawes**: We decided to buy my husband's boyhood home ( in Mineral Wells) that hasn't been on the market in 40 years. We got an amazing deal for a house, 29 acres, and a lake. It came with 2 dogs, of course.

## Webwatcher Report- Laneisha Davis

- The date for the 84th Texas State Convention is approaching fast. The convention will be held **June 20-22, 2013** in Austin Texas at the Renaissance Hotel.
- **Registration is now open** for the Southwest Regional Conference which will be held **July 17-21, 2013** in Branson, Missouri at the Hilton Branson.  
[http://www.dkg.org/site/c.meJMIOOwErH/b.7973161/k.6210/Regional\\_Conferences.htm](http://www.dkg.org/site/c.meJMIOOwErH/b.7973161/k.6210/Regional_Conferences.htm)
- Start planning now for the ASTEF Alaska Cruise scheduled to begin **August 5, 2013**. Sail from Vancouver, British Columbia through the inside passage past soaring mountains, giant glaciers and dazzling wildlife. Visit Ketchikan, Juneau, Skagway and Anchorage. Early registrations guarantee best prices!  
<http://alphastatetexas.org/pdfs/alaska.cruise.2.pdf>
- 2014 International Convention will be held **July 28-August 1, 2014** in Indianapolis Indiana at the JW Marriott. The theme will be Sharing Our Vision –Strengthening Our Society.

## 2013 Unifying Project: Hands On Central Texas (from the LSN)

The Texas State Organization is partnering with Hands On Central Texas to gather school supplies for early childhood and middle school students in Central Texas as the Unifying Project for 2013.

Hands On Central Texas is a program of United Way for Greater Austin whose focus is to strengthen communities through meaningful volunteer action.

Specific supplies are being requested by the recipient organizations. These include **bilingual board books, washable markers, safety scissors, construction paper, school glue, kid friendly or classical music CDs, calculators, #2 pencils, map pencils, pens, white board markers and timer/stop watches**. If you wish to send an item for this project, we will collect through the May meeting.

## Delta Kappa Gamma Society International

### Kappa Kappa Minutes

February 23, 2013

Julie Comardo called the meeting to order at 9:41 a.m. Hostesses Marita Foreman and Melody Painter provided healthy snacks for refreshments. Elizabeth Castro gave the key moment quote and Mary Milner shared her meaningful moment by describing a person who had inspired her life. Achievement awards were given to Teresa Toliver on her selection as chair of the State Technology Committee. Amanda Castro was recognized for being named a finalist for Ft. Bend Teacher of the Year.

Abby Hawes led the group in singing a song about pizza. Melody Painter shared her personal weight loss story along with tips for Powerful Foods.

Laura Omoruyi introduced her guests Marjorye and Jamye Robinson from Alief Taylor HS. Minutes were approved as printed in the newsletter. Pat Sebastian reported that the financial information is the same as last month. Elinor Nichols presented a birthday award to Teresa Toliver and presented DKG mementos to Shirl Hawes for her nomination as TSO Second Vice President. Kathy Spiech sent in nominations for Stacy Amos and Paulette Jones. Julie Comardo nominated Alexis Pernas. Laura Omoruyi nominated the Robinson sisters. Shirl shared reservation information for the initiation at Brookwood. Georgia Nemeth and Pat Sebastian will have a report on the support for early career educators project in March. Julie and Shirl discussed the convention opportunities in Austin this summer and encouraged members to attend all or part of the activities.

Shirl reported on the TSO Unifying Project. Marita Foreman moved that the chapter not participate in order to focus more fully on our early educator project. Members will still be provided the list of supplies and have the option of donating to the Unifying Project in May. Members who participate in the March Day of Caring will report their activities to Shirl and Julie for inclusion in the State report.

Julie has ordered the Kappa Kappa bling shirts and will deliver them to members when they arrive. We are asked to wear them to the March meeting for a photo op. Teresa shared healthy recipe cards that she prepared for the group. We also passed out the March candy invitations.

The meeting was adjourned at 11:30a.m.

Members in attendance: Nita Bagley, Monica Barroso, Sally Buhner, Elizabeth Castro, Julie Comardo, Marita Foreman, Abby Hawes, Shirl Hawes, Dianne Hilderbrandt, Mary Milner, Georgia Nemeth, Elinor Nichols, Laura Omoruyi, Pat Sebastian, Teresa Toliver.

### Recipe Corner:

#### Fruit Salad Topping

1 pint fat free sour cream

1/2 - 3/4 c brown sugar

Mix well and drizzle on fruit salad or fresh berries.

\*\*\* It's even good on brownies.

#### Easy Berry Pie: Nita Bagley

Frozen berries, dry cake mix, and 1 can of sprite. Yummy cobbler. It sounds so easy - and it is good and weight watcher friendly!

##### Ingredients

Two 12-oz bags frozen mixed berries (or frozen peaches)

1 box white cake mix (no pudding)

1 can of Diet 7-Up or Sierra Mist (clear soda)

##### Instructions

Place frozen fruit in a 9x13 baking dish. Add dry cake mix over the top. Pour soda slowly over cake mix. DO NOT stir the cake mix and the pop - this will give you a 'crust'. If you stir the two, you will have a cake like topping.

Bake 350 for 45-50 min.

### Kappa Kappa Officers 2012-2014

Co-President – Julie Comardo and Shirl Hawes

First Vice President - Teresa Toliver

Second Vice President – Elinor Nichols

Recording Secretary – Tisha Jones

Corresponding Secretary – Kathy Spiech (Hearne Grant and Molly Och awards)

Corresponding Secretary – Andrea Cain (Communications)

Treasurer - Pat Sebastian

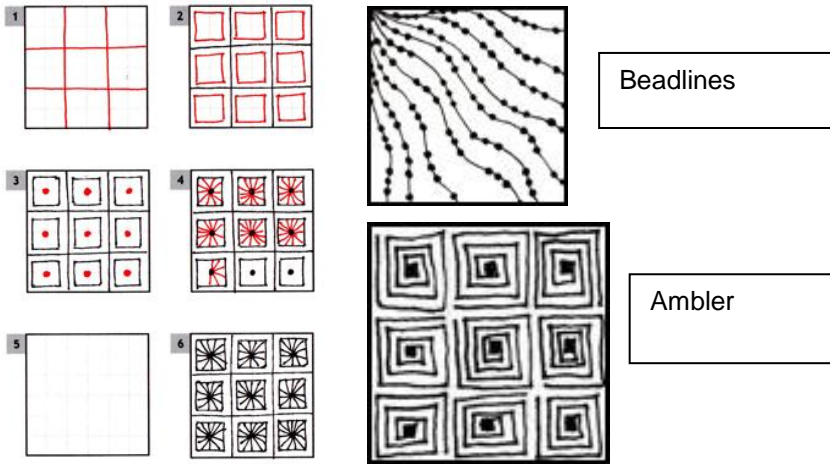
Parliamentarian – Georgia Nemeth

### February Meeting photos:



**Zentangle update:** Here are a few easy patterns to practice. Instead of a tile with a string, you could draw a butterfly and put a different pattern in each wing, like the example here.

## Pattern Bateek



### Be Prepared!

Hurricane season is coming up. It's time to prepare for anything Mother Nature sends our way. The FEMA (Federal Emergency Management Agency) website has a plethora of resources for keeping yourself, your home, and the community safe during any type of disaster or hazard. Under the "Build a Kit" link, there are instructions to help families prepare for any type of emergency by collecting and storing basic supplies. In an emergency situation, you would not have time to shop for these items, but could take them with you in the event of an evacuation. (Or in case you are stuck on a cruise ship.)

FEMA suggests that you have enough food, water, and supplies on hand for at least 72 hours.

**Water:** You should have one gallon of water per person per day for 3 days.

**Food:** You should have a 3-day supply of ready-to-eat canned meats, fruits, and veggies that your family actually likes, protein bars, dry cereal, peanut butter, dried fruit, nuts, crackers, evaporated or powdered milk, comfort foods (chocolate), and canned juice or drink mixes. Be sure to keep track of expiration dates on your food supplies.

In addition to food and water, you should have available a battery-powered radio, a flashlight that actually works, a basic first aid kit, a can opener, a complete change of clothes, books, games, or puzzles, garbage bags with moist towelettes, bleach with an eye dropper, matches, paper and pencils, and a solar charger for your cell phone.

Don't wait until the hurricane has a name. Get your supplies now and be prepared!